

DI2LEARN ACADEMIES

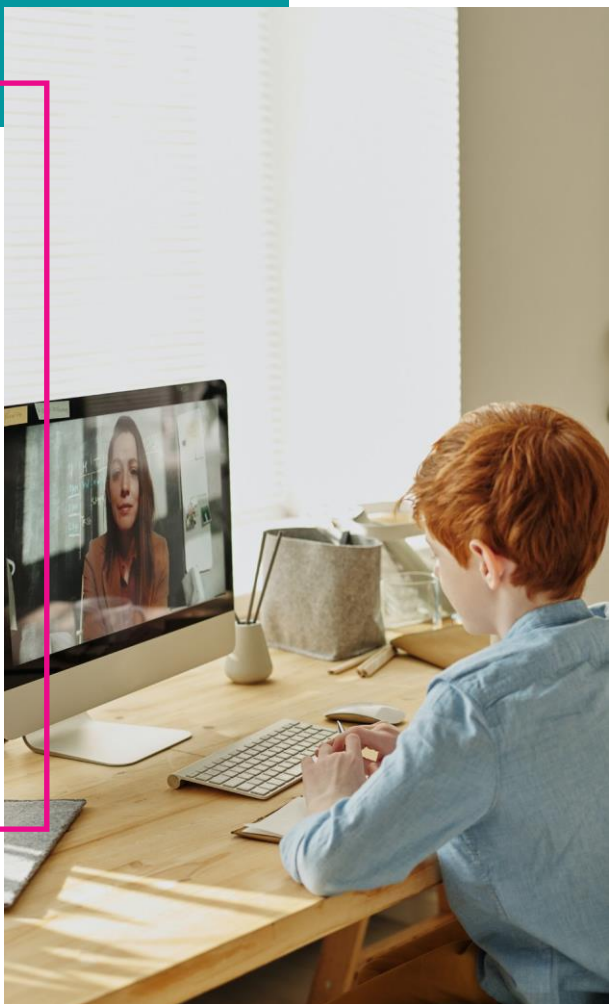
Procedure

**Distance-Digital
Teaching and
Learning in the
Post-Covid-19 Era**

Di2Learn 



Co-funded by the
Erasmus+ Programme
of the European Union



PROJECT INFORMATION

Project acronym:

DI2LEARN

Project title:

Distance-Digital Teaching and Learning in the Post-Covid-19 Era

Project Number:

2020-1-PL01-KA226-SCH-095530

Sub-programme:

KA226 – Partnerships for Digital Education Readiness

Stay connected!



www.di2learn.eu



[@di2learn](https://twitter.com/di2learn)



[@Di2learn2021](https://www.facebook.com/Di2learn2021)



di2learn.info@gmail.com

Di2Learn purpose



The Covid-19 pandemic has caused a great alternation in the educational systems worldwide, bringing about temporary closures of schools while **digital learning became the new normality**.

It imposed **new ways of teaching**, enhancing the importance of **digital literacy**, the **use of technology tools**, the resilience of educational procedures and the readiness of educational bodies to offer constant high-quality teaching, learning and assessment. Di2LEARN project aims at **supporting distance digital learning and teaching** by:

- Backing up **schools** to develop their own distance learning action plan,
- Empowering **teachers** through upskilling and re-skilling opportunities,
- Develop a capacity building series of workshops both on and offline to support **parents** role,
- Support **students** with study, personal and organisational skills for remote learning

Di2Learn results

The partners of the project seek to **upgrade teaching, learning and assessment provision** by strengthening teachers' profiles to deal with the modernization and digital transformation of formal schooling and empowering students during distance learning! A **distance learning tool kit**, supported by a **cloud-based platform** and a **mobile app** will be designed via a set of best practices along the project duration to reach these goals!

Mapping of good practices in the Covid-19 era

It aims to record and present good practices, indicatives and examples adopted during the Covid-19 crisis as part of the formal education. Thanks to its results a readiness distance learning audit tool for schools and a comparative blueprint report will be developed.

Comprehensive Distance & Digital Learning methodology

It will support educators to develop their schools' action plan in the Covid-19 era, thus ensuring the modernisation and digital transformation of their school practices.

Triple First Aid Pack

It gathers guidelines, tips and guidance for teachers, students and parents to learn how to deal with the new digital, learning, mentoring and assessment challenges as part of the provision of distance and digital learning.

Inclusive Interactive Platform & Mobile APP

It aims at providing enriched functionalities to use at anytime and anywhere such as selfie-readiness school tool, podcast discussions, webinars, e-learning tools and more useful online services.

The aims of the Di2Learn Academies community

The Di2Learn project intends promote the setting up of DISTANCE LEARNING ACADEMIES in each partner country based on synergies with the experts, stakeholders, needed for the sustainability and exploitation of the project and to TRAIN THE DI2LEARN MENTORS-AMBASSADORS TEACHERS-STUDENTS-PARENTS to function effectively during the provision of distance learning.

The DI2LEARN ACADEMIES focuses on the actual preparation of the schools, educational centres, parents' associations, unions of teachers/school leaders etc., and their members (teachers, learners, parents, support staff) to handle efficiently and with high quality the demands of distance learning, teaching and assessing.

The aims of the DI2LEARN ACADEMIES community are to promote distance learning and the modernisation and digital transformation of their work while ensuring access, inclusion and participation of all learners in the distance learning process.

The DI2LEARN AMBASSADORS

Schools from all sectors (primary, secondary, VET etc.), HEIs, trainers' associations, teachers' associations/ unions, students/ union, parents' associations, local school authorities, institutions, public or regional educational bodies, networks, private schools, IT companies, labour market, parents etc.

Other teachers, school leaders, inspectors, public officers, VET trainers, young people, social workers, social workers, educators, academics, IT experts, high level officials, school board etc.

Networks, universities, research centres, etc.

The benefits of becoming DI2LEARN AMBASSADORS

- Will become aware of the importance of distance and digital learning and the necessity to proceed with the modernisation and digital transformation of schools.
- Will learn how to organize, manage, monitor, participate, support and evaluate distance learning in all its forms: digital, online, virtual, synchronous, asynchronous, blended learning, etc.
- Will be empowered with the methodologies and guidelines of distance and digital teaching, learning and assessment.
- Will utilize fully the platform, the community, the network etc.
- Will exploit fully the podcasts, videos, resources and tools in the virtual platform and also to develop new webinars as needed.
- Will utilize the functionalities of the mobile app in order to communicate with participants, send motivational messages etc.
- Will develop the skills for motivating students by being organised, focused, organising their time effectively, keep good mental health etc.
- Will have the opportunity to be parts of a cluster of mentors to be guiding others.
- Will create synergies with the experts, stakeholders from the project partners' countries (Poland, Italy, Cyprus, Spain, Croatia and Romania).

The steps of becoming DI2LEARN AMBASSADORS

The acceptance of membership is based on following the
MODULES of the Di2Learn e-Learning Platform

<https://di2learn-academy.eu>

MODULES:

For teachers:
Growth mindset: the key to successful teaching/ Key teachers' mindsets tips
Effective management of distance learning
Empowering students during distance learning
Digital demands for distance learning
Safety and protection of personal data during online learning
For students:
Individual learning skills
Time management, self-discipline
Concentration tips
Digital demands for distance learning
Safety and protection of personal data during online learning
For parents:
Knowledge pill: how to support Your child in distance learning
Taking care of your child's mental/psychological wellbeing
Overcoming anxiety and stress of Your child - how You can help?
Digital demands for distance learning
Safety and protection of personal data during online learning

Growth mindset: the key to successful teaching/ Key teachers' mindsets tips

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

The content of this module consists of three parts and relates primarily to the explanation of concepts such as growth mindset, fixed mindset, sense of self-efficiency. In addition, you will find answers to the questions:

- What is a growth mindset and why is the right teaching attitude, especially important when teaching distance learning?
- How to build a teacher-student relationship?
- What is effective learning and a strong sense of self-efficacy?

Table of Contents:

1. Syllabus
2. Introduction
3. Module1: Growth mindset: the key to successful teaching
 - 3.1. What is a growth mindset and why is it so important?
 - 3.2. Building a teacher-student relationship
 - 3.3. Effective learning and strong sense of self-efficacy
4. Learning activities
5. Conclusion
6. Bibliography

Duration (hours): 40 minutes (approximately)

Effective management of distance learning

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

The '**Effective management of distance learning**' module is for teachers who wish to learn how to improve the management of distance learning in their schools, making it effective and efficient.

Firstly, they will deepen the principles all distance learning approaches should consider and the 3 criteria which guarantee its effectiveness in education contexts. Secondly, an in-depth analysis will guide them in discovering the crucial skills and tools to be considered in this process.

Table of Contents:

1. Syllabus
2. Introduction
3. Effective management of distance learning
 - a. The principles to effectively manage the distance learning
 - b. How to effectively manage the distance learning
- i. Organizational skills
 1. Communication
 2. Affordability and Flexibility
 3. Technical skills and support
 4. Organisational assets: some digital tools
- ii. Accessibility of course materials
- iii. Engaging students
 1. Agile Plan
 2. Learning Environment
 3. Pupil's attention and concentration: some digital tools
- iv. Effective evaluation methods
 4. Learning activities
 5. Conclusion
 6. References

Duration (hours): 45minutes (approximately)

Empowering students during distance learning

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

This module provides a number of guidelines for helping teachers that want to empower their students through distance learning. This module contains materials related to the Contemplative Pedagogy Framework for improving the engagement of students with the online learning methodology.

Additionally, some other recommendations provided by different authors and former teachers, will serve as a road map on how to empower students.

Table of Contents:

1. Introduction
2. Empowering students during distance learning
3. From a physical to a digital class environment
4. Contemplative Pedagogy Framework
5. Transversal factors in distance learning
6. Strategies for increasing student's engagement and empowerment
7. Learning activities
8. Conclusion
9. References

Duration (hours): 45 minutes - 1 hour (approximately)

Digital demands for distance learning

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

The 'Digital demands for distance learning' module is for teachers who wish to know more about the digital demands of distance learning in terms of digital skills they need to acquire to effectively manage digital learning and remote activities in their daily activities. It will summarise the most crucial digital skills for teachers, contained in the "European reference framework on digital skills for teachers" (DigCompEdu), and it will deepen the SELFIE tool.

Table of Contents:

1. Syllabus
2. Introduction
3. Digital Demands for Distance Learning
 - a. The context
 - b. The DigCompEdu Framework
- i. The most relevant areas of the DigCompEdu for Di2Learn's teachers

- ii. The self-assessment tools: SELFIE
 4. Learning activities
 5. Conclusion
 6. References

Duration (hours): 45minutes (approximately)

Safety and protection of personal data during online learning

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

The 'Safety and protection of personal data during online learning' module is for teachers who wish to learn how to protect their own personal data as well as their student's personal data during online activities. Through this module, teachers will acquire knowledge on safe work during online learning, especially in terms of personal data protection. Teachers will learn how to stay safe by themselves, and on the other hand how to protect students' privacy during online learning. The module will give a chance to acquire knowledge which can be then passed on to students. Module will indicate the most important rules made by UNICEF and regulations from the Council of Europe in terms of personal data protection during online learning. Teachers will acquire skills which will help them during all three phases of learning: preparation, teaching / learning, clearing after teaching / learning.

Table of Contents:

1. Syllabus
2. Introduction
3. Safety and protection of personal data during online learning
 - 3.1. The context
 - 3.2. Legislation and regulations
 - 3.3. Types of personal data
 - 3.4. Online learning process in terms of data protection
4. Learning activities
5. Conclusion
6. References

Duration (hours): 2 hours (approximately)

Individual learning skills

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

Individual learning skills are habits, attitudes or behaviours that support the process of effective learning, especially when working remotely.

There are many learning skills that can support the learning process. Below you will find categories of those that will help you achieve your goals faster and more efficiently.

Table of Contents:

- What are Students' Individual Learning Skills?
- Key individual categories of learning skills.
- What is Independent Learning?
- Examples of learning skills in categories.

Duration (hours): 45 minutes (approximately)

Time management, self-discipline

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

In this module, students will learn a number of helpful tips for learning how to manage their learning time in a productive and effective way. Additionally, they will also learn the relevance of self-discipline as something that will complement and improve their skill on time-management. Together with this, some useful methods and apps on the matter will be provided for students to use.

Table of Contents:

1. What does Time Management mean?
2. What does Self-discipline stand for? Is self-control its synonym?
3. Self-discipline: why is this important for me?

4. How can I improve them?
5. Is it useful for my future?
6. Which methods/apps prove to be useful?
7. Remember...

Duration (hours): 45 minutes - 1 hour (approximately)

Concentration tips

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

Concentration is a skill that allows you to focus your attention on an activity or a specific thought, situation or thing. The activities and tasks performed with increased concentration help to achieve the intended goal more effectively.

Table of Contents:

- Why is concentration important in distance learning?
- Why is it worth developing concentration?
- What does a high level of concentration depend on?
- How to improve concentration?

Duration (hours): 45 minutes (approximately)

Digital demands for distance learning

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

In this module, students will find out which are the basic aspects to ponder in preparation for online learning. Students will also discover the minimum setup requirements needed (hardware and software) for a flawless distance learning experience.

Table of Contents:

1. What is required for a smooth, proper distance learning experience?
2. Some of the most important questions to which you and your parents will have to answer are the following:

3. Suggested hardware for distance learning
4. Suggested software for distance learning

Duration (hours): 45 minutes - 1 hour (approximately)

Safety and protection of personal data during online learning

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

The 'Safety and protection of personal data during online learning' booklet is for students who want to learn how to protect their personal data during online activities. The booklet also includes information and tips on how to keep your devices safe, how to protect your passwords and how to use public Wi-Fi safely.

Table of Contents:

1. What are your Personal Data?
2. What are your Sensitive Data?
3. Examples of Personal and sensitive data
4. Why should I keep my data private and safe?
5. How can I keep my personal data safe during online learning?
6. How can I keep my devices safe?
7. Things to keep in mind when using Public Wi-Fi
8. How do I create a strong password?
9. How do I protect passwords from being hacked?

Duration (hours): 45 minutes (approximately)

Knowledge pill: how to support Your child in distance learning

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

In this module, parents will get a few tips on how they can support their child / children during online learning. After going through this presentation, parents will be able to create and maintain a regular routine, encourage good online learning habits, manage screen time and help students set up an environment and space conducive for online learning.

Table of Contents:

1. Introduction
2. Quote
3. How can parents support children's online learning?
4. Tips for supporting your child during online learning
5. Conclusions
6. References

Duration (hours): 45 minutes - 1 hour (approximately)

Taking care of your child's mental/psychological well-being

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

The 'Taking care of your child's mental/psychological well-being' module is for parents who wish to learn how to protect their children's mental/psychological well-being during online activities, and generally in adolescence when they face difficulties and challenges in their daily functioning. The module offers parents tips on how to respond to signs of mental health problems and includes information regarding signs that may indicate mental health problems and opportunities to build children's self-esteem as well as overall well-being.

Table of Contents:

1. Main concepts/definitions
2. Parents role in taking care of child's mental well-being
3. Higher risk factors
4. Signs of decreasing mental well-being quality
5. How to respond to signs of mental well-being difficulties?
6. Tips on how can you improve your child's mental well-being
 - Building up your child's self-esteem
 - „Children see – children do” – be a role model

Duration (hours): 45 minutes (approximately)

Overcoming anxiety and stress of Your child - how You can help?

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

The 'Overcoming anxiety and stress of Your child - how You can help?' module is for parents who wish to learn what makes children anxious and how parents can help their children in anxious moments. The module offers parents tips on how to manage children's anxiety and includes information regarding signs that may occur during specific situations.

Table of Contents:

1. Introduction
2. What is Anxiety
3. The difference between anxiety and stress
4. What makes children anxious
5. Symptoms of anxiety
6. How to help child in an anxious moment
7. 10 tips how to help your child manage their anxiety
8. Conclusion
9. Literature

Duration (hours): 45 minutes (approximately)

Digital demands for distance learning

Short Description of the module: See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

The 'Digital demands for distance learning' module is designed for parents who should be aware of how important distance teaching and learning are nowadays. At the same time distance learning has a number of requirements, in particular digital demands which should be satisfied in order to make the whole process efficient and effective for both students and teachers. Parents play an important role in the process as they should moderate students' attitudes to a modern style of learning (distance learning).

Table of Contents:

1. Introduction
2. Distance learning
3. Learning environment
4. Learning process
5. Engaging support
6. Digital skills and competences
7. Digital security for distance learning
8. Be in touch with school

Duration (hours): 45 minutes (approximately)

Safety and protection of personal data during online learning

See the example of the module <https://di2learn-academy.eu/courses/safety-and-protection-parents/>

Duration (hours): 1 hour 30 minutes (approximately)

Get to know Di2Learn consortium

Di2Learn coordinator



SPOŁECZNA AKADEMIA NAUK
UNIVERSITY OF SOCIAL SCIENCES

www.en.san.edu.pl

Di2Learn partners



www.dlearn.eu



www.emphasyscentre.com



www.urpk.org



POLITEKNIKA IKASTEGIA
TXORIERRI
S.COOP.

www.txorierri.net



www.pcgpolska.pl



www.euroed.ro



Co-funded by the
Erasmus+ Programme
of the European Union

This project has been funded with support from the European Commission. This communication reflects the views only of the author, and the Commission cannot be held responsible for any use which may be made of the information contained therein. «Di2Learn - Distance-Digital Teaching and Learning in the Post-Covid-19 Era» project number: 2020-1-PL01-KA226-SCH-095530.